

In the Declaration of Independence, it states “Governments are instituted among Men, deriving their just powers from the consent of the governed.” I strongly believe in the importance of staying connected with each of you as your representative in Congress. Your thoughts, ideas and questions on issues are important as votes and new legislation arises. Each week, I write to you to share my work in Washington, DC and around America’s First District, but I am always looking for the best ways to hear from you. This week’s update is a summary on ways to communicate with me. I hope you take the chance to share an opinion with me, and send this information to your family, friends and neighbors to give them the opportunity to share as well.

A Phone Call

Sometimes the easiest and most timely way to share your concerns or ideas on an issue is by a phone call. Call the First District Washington, DC, office Monday-Friday, or leave a voicemail 24 hours a day, 7 days a week, by calling 202-225-4261. I also host telephone town hall conference calls; to receive a call every time, you can sign up on my website, www.wittman.house.gov

Email

While the offices do not receive as much snail mail these days, emails are increasingly popular as a way to send thoughts and ideas, or simply an opinion on how to vote. You can email me on the website, www.wittman.house.gov .

Social Media

The interaction on Facebook and Twitter continues to increase dramatically. Some of the quickest questions and answers happen on social networks. During the week, I tweet out messages and respond to inquiries and comments. Each week, I host “Twitter Tuesday,” dedicating time to sit down for 30 minutes for a live-chat question and answer session. I also dedicate time for “Facebook Friday,” where I answer questions missed earlier in the week. Often we also post videos to discuss an issue in more depth, to bring you a House floor speech on legislation, or for an announcement such as the 2011 Congressional Art Competition.

As the year progresses and issue debate continues, I hope you will take the time to share your thoughts through one of these channels. While voting is an important civic duty, the discussion of issues does not stop at the ballot box. It takes place each and every day, at events throughout our communities in America's First District, and online. I hope to hear from you soon.